

ANOTHER REASON TO TAKE A STROLL

NEW TRAILS IN SANDY SPRINGS

Abernathy Greenway South Trail Park opens just in time for the warmer weather — *Page IV*



The Springs-Times

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By Sandy Springs Mayor Rusty Paul

CITY HALL OPENS

JOIN US MAY 7 FOR THE RIBBON CUTTING AND DEDICATION

Within the next couple of weeks, the construction workers won't be the only ones working at City Springs. City staff is packing up their offices and getting ready for the move to our new City Hall. After years of planning, designing and construction, City Springs opens its doors on May 7, 2018, complete with a ribbon cutting, so mark your calendars to join us at 9 a.m. as the administrative building formally opens. We will enjoy another celebration later this summer, when the performance areas at City Springs open for public use.

City Springs is your front porch. It is planned to be the connective tissue that binds together the wonderful collection of neighborhoods we have throughout the city. From the Panhandle which

reaches near Norcross, to our southern tip near the city of Atlanta, City Springs was built for you to come, meet up with friends, be entertained, dine, learn, as well as the location where city business



City Springs Rendering of the front of the Performing Arts Center.

is conducted. City Springs is designed with you in mind, and you'll find many spots suited to meet up and linger.

It's been a journey. From the first visioning sessions in 2012, through

the meetings to determine design style and types of programming envisioned by the community. You expressed high aspirations, and as you get to know City Springs, I hope you'll see where your

input took hold and was incorporated.

Our general city services offices will be located at 1 Galambos Way. Municipal Court will remain in its current location at 7840 Roswell Road, as

will our Police Headquarters. However, the civic offices are only a component of the City Springs complex. This summer, our retail partners will begin opening for business. From coffee and a fresh croissant for breakfast through to lunch and dinner at one of the newest restaurants in the city, foodies will find something on the menu to satisfy their craving and as well as their sweet tooth. I'm especially excited about this mix of restaurants. The restaurateurs behind them all have successful track records in the metro area, but they're customizing these City Springs locations specific for us! Keeping us on a healthy track, right alongside these restaurant offerings will be three health-inspired retailers.

While the performance areas at City Springs won't formally open until August, we have a series of "test" events this summer, so mark your calendars.

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FARMERS MARKET COMES HOME

Beginning Saturday, May 12, the Heritage Sandy Springs Farmers Market will return to its original site, but will look very different! The Farmers Market will set up shop at along Mt Vernon at City Springs and will celebrate its first day with a cooking demo from the newly named Executive Chef

for the City Springs food and beverage department. Chef Rodney Martin will shop the market and share farm-to-table recipes.

Founded in 2010, the Farmers Market was at first located on the sprawling parking lot that was part of the property purchased by the City for

development. During construction of City Springs, the market moved temporarily to Century Springs. The market will run every Saturday from 8:30 a.m. to noon through December. Follow City Springs on social media to keep up with events and happenings at the market.



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Food That Rocks, a celebration of Sandy Springs dining options, returns for a third year on June 9, and is be the first event on the City Green. My State of the City address, in cooperation with the Sandy Springs / Perimeter Chamber, will take place in the Conference Center on June 26, 2018 at 11:30 a.m. with tickets available for purchase through the Chamber. The Heritage Farmers Market is moving to City Springs and opens formally on May 12, 2018 along Mt Vernon. And the City Council will hold its first council meeting in the Studio Theatre on May 15, 2018 beginning at 6 p.m. The City Green opens May 7, 2018, for you to enjoy, with entertainment on the lawn coming later this summer.

Sandy Springs was built around neighborhoods and strip malls. With City Springs, we are changing the landscape and harnessing the power of art, culture, and entertainment to give the city a heart in which both locals and visitors alike can attend world-class performances, a nice meal, or an enjoy a walk through the park. To misquote a famous Joni Mitchell song, we've pulled up the parking lot and made paradise. Welcome home Sandy Springs!

EXPLORE A NEW HOBBY AT LOST CORNER

MASTER GARDENING

Friends of Lost Corner will host the North Fulton Master Gardeners' Spring Lecture at the Lost Corner Cottage. This free lecture series will be held on Monday evenings through mid-May and will cover a variety topics. For the schedule and to register, please visit the Friends of Lost Corner website: friendsoflostcorner.org

PHOTOGRAPHY CLUB

Whether you are a complete beginner interested in learning more about digital photography, or an experience photographer looking for like-minded individuals, check out the Sandy Springs Photography Club. Information about meetings can be found by visiting their Facebook group: [spr.gs/photographyclub](https://www.facebook.com/spr.gs/photographyclub)

GETTING AROUND CITY SPRINGS

MAIN BUILDING

The main building at City Springs is actually two buildings fused as one. City Hall and the Conference Center can be found on the west side, closest to Blue Stone Road. If you walk completely around the building, you'll notice that there are no back doors. Entrances are available from both the park side of the building and from Johnson Ferry Road. Permits and Revenue are located on the main floor, located just north of the reception area. All guests visiting city staff or going to the Conference Center will check in at the Reception Desk. There are also booths located on the first and second floor which are available for the community to use on a first-come basis.

To the east is the Performing Arts Center. On this wing, you'll find the

CityBar, the Studio Theatre, where City Council meetings will be held, as well as the Byers Theatre. These areas are open when performances are planned. The Box Office for ticket purchases is easily accessed along the Promenade on the park side of the building.

While general city services including Public Works, Planning and Zoning, Code Enforcement, Recreation and Parks, and Finance are now located at City Springs, Municipal Court and the Sandy Springs Police Headquarters will remain at their original location at 7840 Roswell Road. Payment for court-related fees can be made at the Roswell Road location.

PARKING

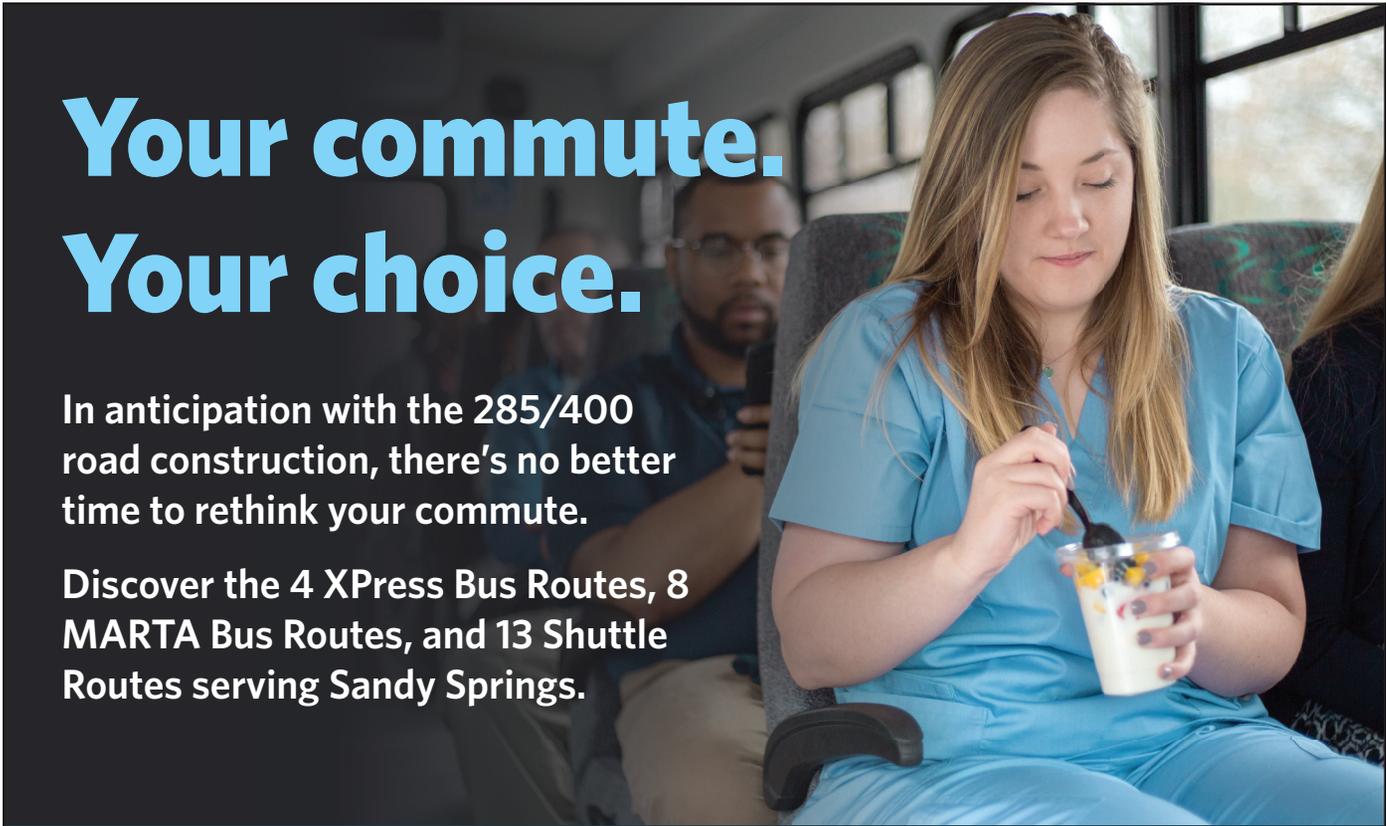
You can access the parking garage from Mt. Vernon (next to the City Green), Johnson Ferry (next to the retail)

or from Sandy Springs Circle (the entrance for the Aston residences). The first two hours of parking on site is complimentary. Finding an open space is easy. Look for spaces with green lights above. Red light spaces are reserved, and blue lighted spaces are handicap parking spots.

CITY GREEN

The green space at City Springs is bordered by Mt Vernon Highway, Blue Stone Road and Galambos Way. On street parking is available in addition to the parking garage. Complimentary parking on Mt. Vernon is available Monday thru Friday 2pm-5pm, and Saturdays until 1 p.m.

Parking is free for restaurant and fitness boutique patrons. Valet parking is available during retail operating hours.



**Your commute.
Your choice.**

In anticipation with the 285/400 road construction, there's no better time to rethink your commute.

Discover the 4 XPress Bus Routes, 8 MARTA Bus Routes, and 13 Shuttle Routes serving Sandy Springs.

SandySpringsGA.gov/commute

SHOP AND DINE

The retail at City Springs is easily found on Blue Stone Road in between Johnson Ferry and Galambos Way offering up options for any time of day helping to keep you in shape!

Café Vendôme Named for an upscale shopping and hotel district in Paris called Place Vendome, this is the second location in Sandy Springs for this authentic French café. Owner Hamid Rouchdi was a former telecommunications executive who traveled extensively for work. Always in search of a classic French Café and unable to find what he was exactly looking for, he created his own. After two years of extensive research and planning, Cafe Vendome opened its first location in the southern part of Sandy Springs. His customers insisted he look at City Springs for another location. He listened and Cafe Vendome at City Springs opens this summer. Café Vendome is a relaxed, elegant spot for handmade traditional French pastries and breads, in addition to delicious sandwiches, quiches, and coffee.

Flower Child This will be the second location for Flower Child in the metro area. Flower Child has developed an entire menu devoted to veggies, grains, fruits and healthy proteins. The bowls, wraps, grains, and greens are all made from scratch daily with fresh ingredients designed to revitalize your body, mind, and soul.

Nam Kitchen Nam Kitchen is bringing sexy back by offering authentic Vietnamese food in an inviting and modern atmosphere created by Alex Kinjo of MF Sushi. Known for creating intimate and truly unique spaces, Kinjo's keen eye for design is matched by his sister and executive chef Thuy Bich's, execution of their mother's recipes, Ahn Hoang of Nam Midtown. Vietnamese cuisine is complex in flavors and textures, and some would agree that this sophistication stems from Vietnam's extensive history of foreign influences that is mostly French and Chinese. Vietnamese cuisine places an emphasis on the freshest of ingredients and the minimal use of fat in food preparations, earning it the reputation of being a healthy cuisine. Nam Kitchen

will offer a traditional Vietnamese menu, including a full-service bar featuring craft cocktails, and will serve lunch, dinner and Sunday brunch.

SculptHouse studio combines the uber-trendy Lagree Megaformer with the Woodway Curve (an NFL-approved human-powered treadmill) for a core-sculpting, low-impact workout. SculptHouse Sandy Springs will offer both cardio and classic Megaformer sessions. Owner Sarah Hoots describes SculptHouse, "The upscale, industrial-luxe design is carved out of imagination and a land-

their dreams. When you feel strong, you believe anything is possible." In college, Ms. Hoots worked at the local YMCA, opening the facility at 4:45 in the morning, and she is looking forward to opening her doors to SculptHouse this summer. SculptHouse Sandy Springs also features a small private studio for one-on-one training, keyless lockers, fully stocked bathrooms with grooming products, a private shower and blow dry bar. The retail boutique sells the hottest activewear and natural post-gym beauty essentials, so you can get your fitness and fashion needs taken care of in one location.



YOU'RE INVITED!

The City of Sandy Springs cordially invites you to attend the Dedication and Ribbon Cutting Ceremony of our new City Hall.

Guided tours of the meeting spaces will be available

May 7, 2018 • 9:00am

1 Galambos Way, Sandy Springs, GA 30328

spr.gs/cityhall

scape for the senses. The 3,200-square-foot-studio embraces form and beauty, and every detail fuses the pulse of the Sandy Springs fitness scene with the soul of the local culture." Ms. Hoots left a career in green building Project Management to pursue this passion after her own health scare and explains, "Life can be short, and it's essential to live without regret. Exercise has always been a part of my life, and I believe it is a catalyst to inspire others to pursue

The Select From the same team behind the popular Vinings restaurant Paces and Vine, just like Café Vendome, The Select pays homage to another legendary location, Le Select in Paris. Co-creator, David Green explains more, "Le Select was the preferred meeting place of the expatriates who chose to live in Paris between the World Wars. Le Select became famous for hosting Ernest Hemingway, Pablo Picasso, Gertrude Stein, and others during

one of history's most transformational times. Fast forward to today, The Select at City Springs will be a part of what I believe is a transformational time in our city." Ideal for family meals, business dinners and date nights, The Select will feature a light interpretation of contemporary American comfort food with an outstanding wine list. The late night menu will cater to the after theater crowd. Think moderately priced comfort food with a slight French accent.

TURN Studio Need a boost of energy? Have a conversation with TURN Studio's owner Ashley Francis, as her enthusiasm is contagious! A lifelong athlete, Ms. Francis left a successful career in medical device sales and marketing to realize her entrepreneurial spirit, and she developed TURN Studio, a revolutionary, multi-sensory boutique indoor cycling and strength studio. Part of the culture she is creating is focused on giving back, and she promotes these three C's: Community, Charity, and Change. While TURN is scheduled to open this summer, you don't have to wait to get the wheels spinning. On Saturday, May 12, TURN will be at Sweet Water Brewery for a special pop up event. Participants will support Parkinson's Research, and on Saturday, May 19, TURN will hold an event at Pontoon Brewery in Sandy Springs supporting Wake for Warriors. Ashley invites the community to "Awaken your senses, elevate your spirit, and move your body with us as we build a stronger community and encourage a positive culture in Sandy Springs!"

Vida Flo Vida-Flo provides overall health & wellness, energy boost, illness relief and various comforts to their clients. Each patient is examined individually and every treatment is safe, time-tested, FDA approved and targeted to the goals, needs or symptoms of the individual. Vida Flo offers the most effective and medically safe way for individuals to rehydrate their bodies. All procedures are created by Physician/Medical Directors and are administered by licensed medical professionals in a clean, soothing environment. This is the third location in the metro Atlanta area.

ABERNATHY GREENWAY TRAILS

It was a perfect spring day for a ceremonial ribbon cutting opening the newest park in Sandy Springs! Neighbors and friends joined Mayor Paul and Councilman Burnett at the opening of the Abernathy Greenway South Trail Park. The new walking trails along the Abernathy Greenway South Trail Park provide natural respite just footsteps away from the City's hustle and bustle. The new park includes a slate chip-walking trail, landscaping, park benches, bike racks, pet waste stations, and trashcans along the designated areas. All parks are open from sun-up to sundown, except for parks with athletic fields and programming.



FOOD THAT ROCKS

To celebrate the burgeoning dining scene in Sandy Springs and kick off events on the City Green, the third annual Food That Rocks will take place Saturday, June 9, 2018, from 6:30 p.m. – 11:00 p.m. on the City Green

at City Springs. Attendees must be age 21 or older. Tickets are \$55 in advance and \$65 day of the event. To purchase tickets, visit the Food That Rocks website. Participating restaurants include Hammocks Trading Company, il Giallo,

Kaiser's Chophouse and Under the Cork Tree. Additional participants will be announced in the coming weeks. Food that Rocks is billed as a "party with a purpose" with a donation made to local charities. For tickets and information, visit foodthatrocks.com.

EVENTS

- » Gymnastics Team Tryout
- » Fulton Golden Games
- » National Kids to Parks Day
- » 7th Annual Standup Paddleboard Race

ACTIVITIES

- » Photography
- » Karate

SUMMER CAMPS

- » Day Camp
- » Sports Day Camp
- » Discover Nature Camp
- » Theater Camp
- » Theater Production Camp
- » Musical Theater Camp
- » Soccer Camp
- » Lacrosse Camp
- » Hangout Camp
- » Gymnastics Camps
- » Rhythmic Gymnastics Camp
- » Anime & Cartooning Camp
- » DaVinci Project Camp
- » Toy Inventor Camp
- » Studio Painter Camp
- » Video Game Maker Camp
- » Claymation Camp
- » Fencing Camp
- » Space Invasion Camp

GYMNASTICS

- » Gymnastics Classes
- » Gymnastics Clinics
- » Gymnastics Team
- » Rhythmic Gymnastics
- » Parent and Me Playdate
- » Parents Night Out

SANDY SPRINGS
RECREATION AND PARKS

SPORTS AND FITNESS

- » Volleyball
- » Cheerleading
- » Flag Football
- » Track

CHILDREN'S PARTIES

- » Gymnastics Birthday Parties

EXCEPTIONAL NEEDS

- » Summer Camp
- » Gymnastics

WATERSPORTS

- » Ladies Morning Paddle
- » Stand Up Paddleboard Yoga / Demos
- » Paddleshack Watercraft Rentals

SUMMER RECREATION

Whether you're looking for a team sport or creative outlet for your children, or would like to improve your own fitness without getting locked into a private gym contract, the City of Sandy Springs offers affordable programs at convenient locations. We also offer free community events that make it fun and easy to get to know your neighbors! For parents looking for a safe place for their children after school and during summer break, check out the many wonderful programs and camps in Sandy Springs.

WE HAVE PROGRAMS AND CLASSES FOR PRE-SCHOOLERS, CHILDREN, ADOLESCENTS, TEENS AND ADULTS

YOU CAN FIND THE LATEST INFORMATION ABOUT ALL CITY PROGRAMS BY VISITING REGISTRATION.SANDYSPRINGSGA.GOV

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SandySpringsGA.gov

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