

EVENTS

- » Back To School Bash
- » Movies By Moonlight
- » Holiday Hoops
- » Father Daughter Dance

ACTIVITIES

- » History Lectures
- » Lost Corner Open House
- » Gardening Classes
- » Knitting Classes
- » Photography Club
- » Bird Walks
- » Stargazing
- » Nature Classes
- » Karate

HEALTH AND FITNESS

- » Running Club
- » Fitness Classes



SPORTS AND FITNESS

- » Basketball
- » Soccer
- » Football
- » Flag Football
- » Kickball
- » Golf
- » Lacrosse
- » Volleyball
- » Pickleball



GYMNASTICS

- » Gymnastics Classes
- » Gymnastics Clinics
- » Gymnastics Team
- » Rhythmic Gymnastics
- » Parent and Me Playdate
- » Parents Night Out



CHILDREN'S PARTIES

- » Gymnastics Birthday Parties

SCHOOLS OUT CAMPS

- » Gymnastics Camps



EXCEPTIONAL NEEDS

- » Gymnastics
- » Tennis
- » Bocce

FALL RECREATION PROGRAMS

Whether you're looking for a team sport or creative outlet for your children, or would like to improve your own fitness without getting locked into a private gym contract, the City of Sandy Springs offers affordable programs at convenient locations.

We also offer free community events that make it fun and easy to get to know your neighbors! For parents looking for a safe place for their children after school and during school breaks, check out the many wonderful programs and camps in Sandy Springs.

WE HAVE PROGRAMS AND CLASSES FOR **PRE-SCHOOLERS**, **CHILDREN**, **ADOLESCENTS**, **TEENS** AND **ADULTS**

WATERSPORTS

- » Stand Up Paddleboard Demo Classes
- » Stand Up Paddleboard Yoga Classes
- » Paddleshack Watercraft Rentals



YOU CAN FIND THE LATEST INFORMATION ABOUT ALL CITY PROGRAMS BY VISITING [REGISTRATION.SANDYSPRINGSGA.GOV](https://www.sandyspringsga.gov/registration)

Min Age	Max Age	Gender	Program Date(s)	Days	Time	Location	Cost
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Events							
Back To School Bash	All	M/F	8/15	Tuesday	4-7pm	Hammond Park	Free
Movies By Moonlight	All	M/F	8/18, 8/25 & 9/8	Friday	6pm	SSUMC Activities Center Lawn	Free
Holiday Hoops	11 - 14	M/F	12/1	Friday	5:30PM	Sandy Springs Middle	Free
Father Daughter Dance (registration begins 11/6/2017)	5 - 10	M/F	2/4/2018	Saturday	6pm	TBA	\$35/couple \$10 additional daughter

Activities								
Secret History of Lost Corner Lecture	10	Adult	M/F	9/17	Sunday	3-4:00 pm	Lost Corner Preserve	\$5 FOLC
History of the Chattahoochee from Prehistoric times to the Water Wars Lecture	10	Adult	M/F	10/15	Sunday	3-4:00pm	Lost Corner Preserve	\$5 FOLC
Lost Corner Cottage Open House Tour	10	Adult	M/F	9/17 & 10/15	Sunday	4-5:00pm	Lost Corner Preserve	Free
History of Sandy Springs Lecture Series	10	Adult	M/F	9/7, 10/5 & 11/2	Thursday	7:30-8:30pm	Lost Corner Preserve	\$5 FOLC
How to Build a Worm Bin	10	Adult	M/F	8/19	Saturday	10am-12:00pm	Lost Corner Preserve	\$10 FOLC
Monday Knit Night	16	Adult	M/F	8/28-12/4	Monday	6:30-8:30pm	Lost Corner Preserve	\$80/4 week session
Knitting 101	16	Adult	M/F	8/9-11/15	Wednesday	6:30-8:30pm	Lost Corner Preserve	\$60/3 week session
Knitting 102	Adult	M/F	8/8-8/22 & 10/10-10/24	Tuesday	6:30-8:30pm	Lost Corner Preserve	\$60/3 week session	
Knitting 103	Adult	M/F	9/12-9/26 & 11/7-11/28	Tuesday	6:30-8:30pm	Lost Corner Preserve	\$60/3 week session	
Sandy Springs Photography Club	14	Adult	M/F	9/5, 10/3, 11/7, 12/5	Tuesday	6:30-8:00pm	Lost Corner Preserve	Free
Morgan Falls Bird Walk	6	Adult	M/F	10/7	Saturday	8:30-10:30am	Overlook Park	Free
Lost Corner Bird Walk	6	Adult	M/F	10/21	Saturday	8:30-10:30am	Lost Corner Preserve	Free
Stargazing	6	Adult	M/F	11/3	Friday	7:30-10pm	Overlook Park	Free
Predator Animals of Sandy Springs	6	Adult	M/F	9/17	Sunday	6:30-8:00pm	Lost Corner Preserve	\$10/family - \$5/person
Bats!	6	Adult	M/F	10/15	Sunday	5:30-7:00pm	Lost Corner Preserve	\$10/family - \$5/person
Common Owls of Georgia	6	Adult	M/F	11/12	Sunday	6:30-8:00pm	Lost Corner Preserve	\$10/family - \$5/person
Wildlife in the Winter	6	Adult	M/F	12/10	Sunday	6:30-8:00pm	Lost Corner Preserve	\$10/family - \$5/person
Karate Youth	6 - 13	M/F	Sept - Nov	Tue/Sat	Tue 6:30pm / Sat 9am	Hammond Park Gymnastics Center	\$90	
Karate Teen and Adult	14	Adult	M/F	Sept - Nov	Tue/Thur/Sat	T, TH 7:30pm / Sat 10am	Hammond Park Gymnastics Center	\$90

Watersports								
Stand Up Paddleboard Demo Classes	14	Adult	M/F	Aug-Sep	Thursday	6:30-8pm	Overlook Park	\$30
Stand Up Paddleboard Yoga Classes	14	Adult	M/F	Aug-Sep	Sunday	9-11:30	Overlook Park	\$40
Paddleshack Watercraft Rentals	14	Adult	M/F	Aug-Sep	Sat-Sun	10am-6pm	Overlook Park	\$25/hr

Team Sports							
Basketball: Youth Intramural League	7 - 10	M/F	Nov 13 - March	M/T/W/Th	TBD	Sandy Springs Elementary schools	\$25
Youth Soccer	4 - 10	M/F		M/T/W/Th	6-8 p.m.	Lake Forest Elementary School Field	\$25
Sandy Springs Youth Sports Football	6 - 13	M		<i>(sandyspringsbaseball.org)</i>		Morgan Falls Athletic Complex	
Flag Football	TBD	Adult	M	<i>(georgiasportsleagues.org)</i>		Dunwoody Springs Turf Field	
Kickball: Free Play After-School League	7 - 10	M/F	9/12 - 11/7	Tuesdays	6pm	High Point Elementary	Free
Golf Clinic	5 - 12	M/F	9/13 - 11/1	Wednesday	4:30-5:15pm	Lake Forest Elementary School Field	Free
Lacrosse	4 - 18	M		<i>(www.ayllax.com)</i>		Hammond Park, High Point ES, Dunwoody Springs ES	
Volleyball Leauge	Adult	M/F	9/11	M/T/W	6:30pm	Sandy Springs Middle School	305
Volleyball Open Gym Night	Adult	M/F		Tuesdays	7-9pm	Sandy Springs Middle School	1
Pickleball	Adult		Daily		9am - 2pm	Hammond Park	Free

Gymnastics								
Gymnastics Classes	1	Adult	M/F	9/11 - 12/9	Mon-Sat	varies	Hammond Park Gymnastics Center	\$102-\$198
Gymnastics Clinics	5	18	M/F	9/23, 10/21, 11/18, 12/16	Sat	2pm	Hammond Park Gymnastics Center	\$25-\$35
Gymnastics Team	4	17	F	Monthly	Mon- Sat	varies	Hammond Park Gymnastics Center	varies
Rhythmic Gymnastics	4	17	F	Monthly	Wends	4:30pm	Hammond Park Gymnastics Center	\$80-\$100
Parent and Me Playdate	1	5	M/F	Weekly	Wed	10am	Hammond Park Gymnastics Center	\$5
Parents Night Out	5	11	M/F	10/13, 12/8	Fri	6pm	Hammond Park Gymnastics Center	\$25

Health and Fitness								
Running Club	6	14	M/F	9/6 - 10/26	Wed/Thur	6pm	Ridgeviw Park	\$25
Core Strength and Conditioning (Fitness Classes)	15	Adult	M/F	Monthly	Wed/ Sat	Wed 4:15/ Sat 1:15	Hammond Park Gymnastics Center	Free

Schools Out Camps								
Preschool Gymnastics Camp	3	5	M/F	11/20-11/22, 12/27-12/29, 1/2-1/5	3 days / 4 days	9am - 12pm	Hammond Park Gymnastics Center	\$65 / \$85
Youth Gymnastics Camp	5.5	14	M/F	11/20-11/22, 12/27-12/29, 1/2-1/5	3 days / 4 days	9am - 2pm	Hammond Park Gymnastics Center	\$80 / \$105

Exceptional Needs								
Sparkling Stars Gymnastics	6	12	M/F	9/11-12/9	Wednesday	5:00pm	Hammond Park Gymnastics Center	\$102-\$120
Special Pops Tennis	6	18	M/F	8/14-10/2	Monday	7pm-8:30pm	Sandy Springs Tennis Center	Free
Special Olympics Bocce	6	18	M/F	12/8	Friday	10am-12pm	North Springs High School	NA

Children's Parties								
Gymnastics Birthday Parties	2	14	M/F	Weekly	Sunday	11am, 1pm, 3pm, 5pm	Hammond Park Gymnastics Center	\$165

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